PAMORAS- Peripherally Acting Mu Opioid Receptor Antagonists

Medication	Dosing	Metabolism	Clinical Significance
Methylnaltrexone (Relistor)	OIC with chronic non-cancer pain*: 12 mg SC daily or 450 mg PO daily *Max one dose daily	Phase 1 by CYP2D6 Metabolites: Methyl-6-naltrexol isomers:	Weak inhibitor of CYP2D6, no dose adjustments necessary for CYP2D6 substrates
Oral Tablet 150mg	CrCl<60mL/min decrease dose to 150mg PO QD or 6mg SC.	Active Methylnaltrexone sulfate: Weakly active	
SubQ Solution: 8mg/0.4mL or 12mg/0.6mL	OIC with Advanced Illness based on weight*: < 38kg: 0.15 mg/kg subQ every other day as needed; 38kg-61kg: 8 mg subQ every other day as needed		
Indication: OIC with advanced illness, OIC with chronic non-cancer pain*	62kg-114kg: 12 mg subQ every other day as needed; >114kg 0.15 mg/kg subQ every other day as needed * MAX one dose in a 24 hr period		
	CrCl<30 mL/min: decrease dose by 50%		
Naloxegol (Movantik) Oral tablet 12.5mg &	25 mg QAM on an empty stomach If poor toleration decrease to 12.5 mg PO QD *Max 25mg daily	Phase 1 by CYP3A4 & P-gp Human metabolism data suggests absence of major metabolites	Use is contraindicated with strong 3A4 inhibitors. Reduce dose to 12.5 mg with moderate 3A4 inhibitors. Avoid grapefruit juice
25mg Indication: OIC with chronic non-cancer pain*	CrCl <60 mL/min: 12.5 mg daily		
Naldemedine (Symproic) Oral Tablet: 0.2 MG Indication: OIC with	0.2 mg daily	Phase 1 by CYP3A4, P-gp, & UGT1A3 CYP 3A4 –to: nor-naldemedine UGT1A3- to: naldemedine 3-G.	Monitor with moderate inhibitors/inducers of CYP3A4. Strong inhibitors therapy should be monitored. Do not combine with strong CYP3A4 inducersNor-naldemedine and naldemedine 3-G have been shown to have antagonistic activity for opioid receptors, with less potent effect than naldemedine.
chronic non-cancer pain*			opiola receptors, with ress potent effect than halacineaine.
Alvimopan (Entereg)	Post-Operative Ileus: 12 mg PO 30 minutes-5 hours prior to surgery and 12 mg BID for up to 7 days	Unknown	
Oral Capsule: 12 mg REMS drug	*MAX 15 doses **used inpatient only due to MI risk ***Not FDA approved for OIC		
Indication: Postoperative ileus			

Axelopran is still in Phase-3 clinical trials for approval as a PAMORA for use in OIC FDA approved for OIC

http://paindr.com/wp-content/uploads/2018/03/PAMORAs-Table_2018-Mar.pdf

Lubiprostone	Constipation: 8 mcg BID with food and water	Carbonyl reductase	Lubiprostone concentration may be decreased with concurrent methadone use
(Amitiza)			
	Idiopathic constipation or OIC: 24 mcg BID with food and		
Oral capsule: 8 mcg and 24	water		
mcg			
	*MAX 24 mcg BID		
Indication: chronic			
idiopathic constipation,			
IBS-C, OIC			

Abbreviations: OIC: opioid induced constipation; IBS-C: irritable bowel syndrome with constipation *OIC with chronic non-cancer pain: can be for patients with prior cancer or with current cancer pain as long as they are not receiving frequent (weekly) opioid dosage escalation.

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